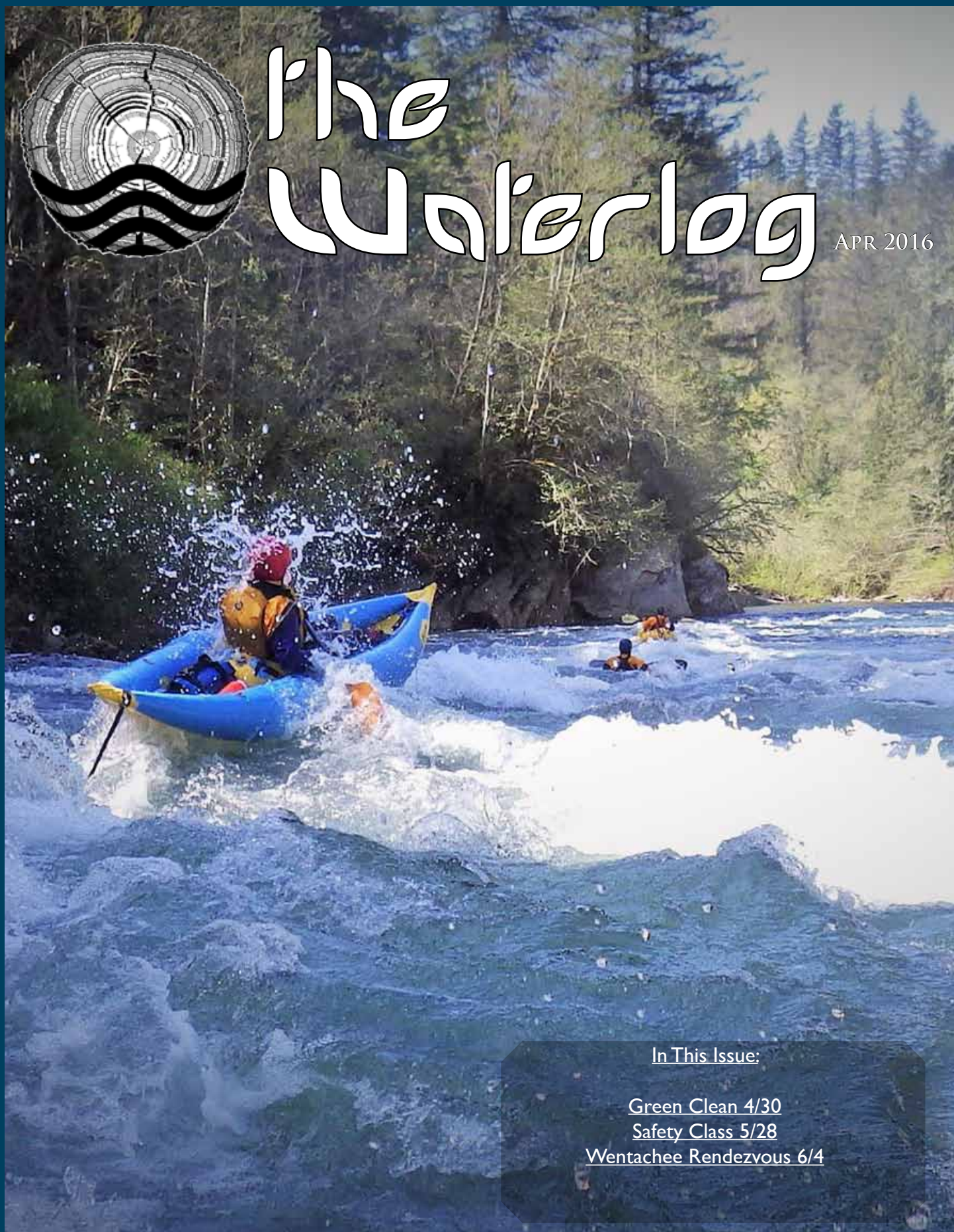


THE MONTHLY NEWSLETTER OF WASHINGTON RECREATIONAL RIVER RUNNERS



# The Waterlog

APR 2016



## In This Issue:

Green Clean 4/30

Safety Class 5/28

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*Come on home to Green River...*

**JOIN THE FUN! BECOME A MEMBER OF THE "GREATEST WHITEWATER CLUB IN THE HISTORY OF THE WORLD".** Washington Recreational River Runners is a private, non profit corporation organized to promote river running as a safe and fun sport and to provide for an exchange of ideas among its members and public issues concerning rivers. Membership is open to anyone having an interest in the recreational use of rivers upon payment of annual dues as shown below. To join or renew your membership, cut out this form, fill out and mail to the address listed below. The Release and Indemnity Agreement **must** be signed before your application is processed.

Select Membership level. Prices effective \$1/1/13! All membership levels include the newsletter and access to club events

☐ **\$30 HOUSEHOLD** - everyone residing at the registered address

☐ **\$40 SUSTAINING** - same as family plus 5 free raffle tickets at Wenatchee Rendezvous and 1 free hand at the Poker Run

☐ **\$55 BENEFACTOR** - same as family plus 10 free raffle tickets at Wenatchee Rendezvous and 2 free hands at the Poker Run

☐ **\$100 SPONSOR** - for those wishing to advertise a product or service (must be river/outdoor-related)

☐ New Member ☐ Renewal ☐ Returning Member (prior membership ran out)

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ 2nd Phone \_\_\_\_\_

Email Address \_\_\_\_\_

I hereby state that I wish to participate in courses and/or activities offered by Washington Recreational River Runners Association (WRRR) a non-profit corporation. I recognize that any outdoor or aquatic activity may involve certain dangers including, but not limited to, the hazards of traveling by boat on rivers or other bodies of water, accidents, or illnesses in remote places or occurring during portages, forces of nature, and the actions of participants and other persons. I further understand and agree that without some program providing protection of its assets and its leaders, officers, and members, WRRR would not be able to offer its courses and activities.

In consideration of and as part of my payment for the right to participate in the activities offered by WRRR, I hereby release WRRR and its leaders, officers, and members from any and all liability, claims and courses of action arising out of or in any way connected with my participation in any activities offered by WRRR. I personally assume all risks in connection with these activities, and further agree to indemnify WRRR and its leaders, officers, and members from all liability, claims, and courses of action which I may have arising from my participation in activities including, but not limited to those involving death, drowning, personal injury, and property damage. The terms of this agreement shall serve as a release and indemnity agreement for my heirs, assigns, personal representatives, and for all members of my family including any minors. [Parent or legal guardian must sign for all persons under eighteen (18) years of age.] This agreement is effective as of the date signed, and has no termination date. I have fully informed myself of the contents of this release and indemnity agreement by reading it before I have signed it.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

Mail your check and signed Agreement to:  
**Washington Recreational River Runners**  
PMB 501  
330 SW 43rd ST. Ste K  
Renton, WA 98057

\*Journal of Self-Serving Statistics, June 2009

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Board meetings are held the 2nd Wednesday of the month at 7:00 PM (except December).

Please visit <http://www.wrrr.org/> for meeting locations.

## THE WATERLOG

EARN BIG-TIME RIVER KARMA! Flip less often! Get shuttles from bikini models! Stop losing your hair! Your boat will look better; your beer will be colder; the sun will shine every day you're on the river and it will rain every day you're off the river! All you have to do is...**SUBMIT ARTICLES TO THE WATERLOG!** (Photos & cartoons too! It's just that easy) The Waterlog is published 11 times a year. (Monthly except December) Material for publication should reach the editor by the 25th of the month. An attempt will be made to place submissions received after the 25th. However, no guarantees are given. The editor reserves the right to edit all submissions for clarity and length. Articles and editorial comment do not necessarily reflect the view or opinions of WRRR, its Board of Directors, or its membership...They seem to think it's important that I print that last bit for some reason, go figure. Authors are solely responsible for the content of their articles.

Submit material for publication in The Waterlog to the editor:

Brian Vogt  
bvogt@wwik.org

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# 31st Annual Green River Cleanup

**April 30th**

Join WRRR at the 31st Annual Green River Cleanup on April 30th!!! Every year lots of outdoor enthusiasts enjoy the day recreating along the river, and cleaning up trash at the same time. As always, there will be lots to do for boaters and non boaters. River stretches are rated class 2-4. Last year proved that we will boat no matter the flow! Hiking and ground crew sections are available from flat trail to adventurous river corridor cleaning.

Registration goes from 9:30-11 AM at the Headworks, and Kanasket-Palmer State Park from 9am- 11:30AM. Help us clean up the Green River and keep it one of the most beautiful rivers you can raft.

WRRR members will enjoy free camping at Shangri-La Campground, Friday and Saturday nights. WRRR will also be hosting a BBQ at Flaming Geyser State Park on Saturday afternoon for members (or a \$5 donation for non-members). All cleanup volunteers have access to group camping at the Kanasket Palmer Group camp Friday and Saturday nights.

The Green River Cleanup NEEDS YOUR VOLUNTEER HELP to help make the event smooth and enjoyable for everyone. Please sign up with a trip leader if you are interested in any of the following:

- Event Setup and general help - Filled
- Folks to help others find camping (at Shangri la and KP) - Filled
- Volunteer organizers and leaders (at registration to help people find areas on map and lead ground crews) - Filled
- Boat pod leaders
- Flyers and communication to neighbors - Filled
- Registration helpers
- Brew Coffee in the AM!
- Shuttle organizers
- River Lead boat
- River Sweep Boat
- River safety crew at the Mercury / nozzle area
- Trash Pick-er-up-ers
- Recycle sorters -Filled
- BBQ supply gatherers -Filled
- BBQ grillers at picnic shelter 3 - Filled
- BBQ Cleanup Helpers
- Event Cleanup
- Sunday Shangri La and KP camp cleaners

Make sure to check the green river cleanup facebook page, and [www.greenrivercleanup.org](http://www.greenrivercleanup.org) WRRR Trip Leaders: Brenan Filippini and WRRR Board.

# River Rescue Certification



“Hand me that prussic.” “We need an anchor on that rock.” “Three whistle blasts, what does that mean?” “Someone asked me to set up downstream safety. What exactly does that mean?” “A boat just wrapped at the nozzle. Who is in charge?” These are great questions and if you want to learn more about river rescue we are offering just the class for you.

The WRRR Safety Committee is putting on another River Rescue Certification course with Wet Planet instructors to help you learn how to handle and deal with the above situations. The course is designed by Sierra Rescue and taught by traveling instructors from Wet Planet. These courses are focused on the recreational boater instead of the Professional Rescue teams.

Our instructor will be a professional who works in the rescue industry as a commercial guide or as a firefighter/EMT.

An excerpt from the Sierra Rescue website:

“A DYNAMIC water rescue course specifically written and designed for private boaters, kayakers and non-profit organizations! Basic river skills are a prerequisite! Emphasis is on identifying hazards and on RESCUE itself; both of self and others. Thinking through rescues is also emphasized. This is the class you want as a boater to stay safe and know what to

do if something goes wrong. Although this course meets agency Swiftwater Rescue certification requirements for river guides and kayakers; its pace allows for thorough integration of knowledge and practice of the skills that matter. The two day format makes the course more affordable and accessible. This course should be a prerequisite to anyone boating on any river anywhere! The course addresses the river rescue needs of rafters, cat boaters, kayakers, pack rafters, canoeists, riverboarders and SUP paddlers.”

The cost will be \$250 per person. Our minimum class size is 8 and maximum is 15. We'll be doing a first come first serve for the initial filling of spots. If you have the time and money, and are seriously interested in taking this step to increase your safety on the river, please email Jared Cook ([jwcook84@gmail.com](mailto:jwcook84@gmail.com)) and let me know by May 1st. If we have over 15 participants we will close applications for the course,

WRRR will subsidize the course but we have to know the number of participants since the budget is limited.

May 28 & 29,  
8-15 participants,  
\$250 each (with a subsidy of \$100 for current members in good standing),

Interested members contact Jared Cook ([jwcook84@gmail.com](mailto:jwcook84@gmail.com)) by May 10th.

# The Bob Johnson Memorial Wenatchee Rendezvous

THURSDAY to SUNDAY,  
June 2nd to June 5th, 2015

Come join your fellow WRRR members for our annual Bob Johnson Memorial Wenatchee Rendezvous. Be a part of the greatest flotilla of inflatable boats on the Wenatchee followed by camping, raffle prizes, and a potluck dinner.

## Don't Miss It!

**Boating:** The main float is Saturday morning for some Summertime Class 3 fun! Flows are back this year, so get ready to rumble! Fun in the sun, big water and classic Wenatchee Rapids!

**THE RUN:** Join us for some classic class 3 bigwater boating. Rapids such as Rock-N-Roll, Gorilla Falls, Drunkard's Drop, Snowblind and Grannies are some of the notable ones. The group usually eats lunch at lunch island or Rodeo Hole. Sometimes Both! Bring your throw ropes and cameras for lunchtime surf carnage at Rodeo Hole!!!

**SAFETY:** Please follow the American Whitewater safety code. PFD's, Helmets, Wetsuit, Etc. The weather should be great so pack some water and a lunch and enjoy the day. Please pay attention to the boaters around you. With big flotilla fun, also comes some danger in the form of you getting lost in the group. Please make sure that 2-5 people are looking after you and you are looking after them. Boating in many pods, inside the main group, is our key to success. There will be an official WRRR lead boat (10:45am launch) and WRRR Sweep boat launching at 11:30. By this time, all the people attending the Rower's Progression Events should be comfortable in all the rapids. If you aren't sure ask J

There will be Friday and Sunday trips also depending

on interest. Check the Campground, trip leaders, or Yahoo/FB/Forum Groups for Friday trip planning. Sunday plans will be made in the campground Saturday night or Sunday morning. In 2013, there was a trip at 7am, so you never know unless you make it!

**Camping:** Tumwater campground and dispersed camping is still closed for the 2016 season due to prior years fire danger. We will be camping in the same spot as last year. Directions and map to follow in the next waterlog. It's dispersed camping but in a nice spot. WRRR will provide toilets and firewood (or propane if there is a fire ban)

**Saturday Night Potluck Dinner:** We will be having a great meal, but we need your creative and wonderful campfire cooking skills. You bring your favorite dish, and your own beverages. WRRR will bring paper plates, plastic utensils, cups and napkins. Dinner is at 6:30 PM on Saturday to allow time for the raffle and general membership meeting

Anybody with a Dutch oven will be coveted this evening. If you aren't sure what to bring the following is a suggestion for the type of dish to make or bring. If you have a specialty or preference please bring what you like. Last name begins with:

A-Z Main dish A-Z Side dish or salad A-Z Dessert

**Raffle:** Following dinner on Saturday at the Tumwater group camp the club will raffle off some great river gear. You can buy your tickets at the campground before the raffle starts (or you can buy tickets from the newsletter editor after the raffle is over for half price!)

**Trip Leaders:** Rebecca Post, Matt Holmes, Brennan Filipini, WRRR board



# *Ecuadorian Adventures*

We had set in motion the adventure of a life time, a trip to Ecuador with David Elliott, Toria Matteson, Rebecca Post, Kim and Brenan Filippini. So many questions; what to bring, how much to bring, how many bags can we take, how big can the bags be, how much can they weight, on and on.... We went back and forth, checking on line and we seemed to be coming up with different answers. This seems like a pretty big deal; I mean, we are going to Ecuador!!! It's just days away and I'm getting kinda panicked. I call Brenan and he says don't worry, we are flying 1st class, they are more worried about weight than size. Good thing the Filippinis are experienced travelers. We got all our bags checked in no problem, and there was a lot of it!

After landing at the airport we were able to round up all our gear and load it onto carts. We headed out to find our ride and quickly ran into two local dudes holding a sign that said David Elliott & River People on it. We get out to the street and see ONE SMALL Chinese van; there's seven of us plus gear, the driver and his shotgun. We all look at each other, shaking our heads. We quickly start to stuff the van as the driver climbs up on the roof to load oversized gear. To our amazement, all the gear gets loaded and all we need is an extra taxi for two people.

We spent the 1st night at Zaysant Ecolodge. A beautiful place on a hillside with a main house and several little

cabins. After dinner, the guides asked if we wanted to get into the steam sauna. He said there were three types of herbs they use in the sauna. Well, the guys are in and the girls are out. The next morning we had what turned out to be the typical breakfast; fresh juice, fruit, a roll, scrambled eggs and sometimes a little fried cake. Oh, and don't forget the freeze dried coffee. Yea, you heard it freeze dried and it was actually pretty damn good.

We packed up pretty quick and headed to Banos. But now we had a little Chinese van and a Ford Crew cab. Banos was a four hour drive south along the ridge of the Andy's. Once in Banos, we turned down a small street past a few store fronts then we came up to a bridge that was crossing a deep gorge. Just upstream the river below was raging through a narrow slot canyon. Now on a dirt road, we start to wind down a steep driveway to a little lodge on the river (Abby's place). That afternoon we did a little sight-seeing and shopping. Afterwords, had a wonderful dinner at a Russian/Armenian restaurant. Next day off to zip-lining over a beautiful river gorge, hike down to a massive waterfall, then off to Archidona where we were to spend the rest of our time. As we soon found out; their rating system is a tad bit different from ours. We ran the lower Inchillaqui into the Misahualli (a class 2- Ha!). It was pretty technical, because of low water with a good drop in it that I would compare to "Secret class 4" on



the Green. Afterwards, went back to Temo's (owner of Riverpeople rafting) house for dinner.

Day 4, we ran the Misahualli - class III, it was steep and much more technical than the day before. The Miss was full of long boulder gardens. We would eddy out often to boat scout a rapids. Timo would describe a rapid but all you could see is the entrance, after that it was read & run to the bottom. It was great being able to kayak in long underwear and shorts.

Day 5 was a big day, an over-nighter with a hike down to the river. Temo warned us on the way to the Jon-

dachi / Hollin river that we would be driving through a village where the natives would run out to the truck vying for a spot to haul our gear to the river. This is big money for the natives living in the jungle. It took the natives maybe 15 minutes to hike down to the river with our gear through mud and steep terrain. It took us about 45 minutes to sloth down the trail with only paddles and dry bag s. Once on the river it was game on, class 3+ right out of the gate with class 4 quickly to follow. Part way down the river Brennan yells out the raft has flipped, which was pretty funny because Kim felt safer in the raft – Ha! Ha! It was a spectacular gorge, steep walls, surrounded by a canopy of jungle trees disappearing into







the clouds. After four hours on the river we come up to the Lodge where we were spending the night. Once up on shore, we were greeted by the owner with hot spiked tea – yummy!! The lodge was spectacular, There was a row of two story cabins with an open walled dining area in between. There were a few other out building with a bar and hammocks.

Day 6 was a quick 20 minute paddle out to the take out, where our shuttle was waiting for us. We were getting very spoiled by now. The River People loaded our boats, shuttled us around, topped off and carried our boats to the river; as well as, made us lunch – wow! The rest of the day was a pretty lazy. We had some laundry done for us and then some of us ventured to a cave while others visited the zoo. After, that tiring day, we had to get a nap in.

Day 7 we had quite a drive ahead of us – I mean it took about 45 minutes to get to the river, up until now it had only taken 10–15 minutes to get anywhere. We decided to run the Anzu, Temo said that not many people ran it. We hiked into to put-in and then some of us walked back up to scout the first rapid, which was a class four. This is the river where 3 out of the 7 WRRR members have rapids named after them. The first rapid

is now called El Presidente (Repo), the next rapid is now called Yobos (Lyles), and further down is Homer's Rapid or should we say GO RIGHT, DON'T GO LEFT OF THE BIG ROCK!!! So you can probably figure out which way Homer went.

Day 8, the last day of boating was a little bit of a drive as well. Our boats had to be lined down a very steep hillside, and we hiked down a different trail. The Jatunyacu was like the Wenatchee on massive steroids. Lots of fun BIG waves and boat eating holes. There were wild orchids growing from the steep canyon walls. For lunch we stopped at a village that had grass roofs, waaaay too cool. That night we went to a local restaurant for a fabulous dinner. Our adventures were coming to a close.

Friday was the drive back to Quito via Baeza. On the way to Baeza we drove past the Quijos River. The Quijos had been on list of rivers to run but we had to bail due to high water. Had lunch at Gina's, a tiny spot in Baeza. We then ventured off to the hot springs in Pappallacta, nested in the Andy Mountains at 11,000 ft. The road back to Quito crested a 13,000 ft pass. Next stop, back to Zaysant Ecolodge where our amazing adventure had started 8 days before.

**-- Lyles and Stacey Larkin**





Peshastin Creek roars off Blewett Pass in a steep jumble until Ingalls Creek claws its way out of the wilderness to boost the flow. Steeper, tougher, more remote - we would save Ingalls for another time. Shaking the rust off after a winter of local laps is always a good feeling. Getting onto some water that is less familiar, that has changed since last you saw it: this is the best way to know how dialed your responses are, versus your habits on your local run. It is easy to get used to your lines, and while this practice hones aspects of the game, it ignores the other side: the new, the unexpected, the misanticipated. New rivers force your senses to another level, and after a long winter and 2 years since we last ran it, Peshastin must be treated as new water.

After shuttle shenanigans we launch, water building quickly to continuous III+. When it comes to the crux at Fresh Squeezed, I remind myself of the drill. Run along the right wall in the clean jet of current, taking care to position always to move left. The wall gives a clean channel, but is also itself a hazard, and will prevent strokes on the right without left angle.

Our probe makes a strong center move, and a boil surfs him all the way left, into a no-man's land of confused water and twisty chutes. We've stood scouting, never finding a way onto that piece of water, but there he goes, taken by a whimsy of current. I hug farther right, against the right wall.

working to gain left angle.

This straight jet of current is going to set me up perfectly for the exit. All I have to do is climb the shoulder coming off the boulder and avoid the deep hole except ... there's no shoulder today -- it's too low. There's no high road; the road less taken I've already missed. Once more into the maw, dear friends. It's a complete plug move. No grace, no finesse. Punch it, then fight off the insane contradictory currents as the decompression below explodes downstream.

Joe and I grin. His misanticipation led to avoiding this little pocket of chaos. I laid down a half dozen braces on both sides of the boat but escaped, even found an eddy. Now comes the best part of boating: watching yer buddies! Ultimately it's pass-fail: upright and in your boat, or not. We get a passing grade this day, but not a perfect score, racking up a solitary swim.

The rapids dwindle to continuous II+ before we join the mighty Wenatchee, roaring along at 8,000 in mid April. We roll past Rodeo Hole only to see a WRRR flotilla of friends enjoying sunshine and suds on the beach.

Looks like boating season is here!

--Ed





# OS SYSTEMS

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WRRR members can receive a 15% discount on any OS Systems surface water product, including drysuits, drysuit options and upgrades including custom sizing charges, undergarments, and accessories. This will not apply to drysuits made for other uses, to repair parts or to repair services. Visit <http://ossystems.com/> for info

on their drysuits and accessories. If you are in the Portland area and are a WRRR member, Andy & Bax will honor this discount as well. You will need a WRRR membership number to order. Contact the Membership Chair to get your membership number.

DAY/DATE	RIVER/DESCRIPTION	CLASS	CONTACT
Apr 2nd	Shang-ri-la Cleanup	II	WRRR Board
Apr 17th	FLIP PRACTICE Vasa Park	III	WRRR Board
Apr 30th	GREEN RIVER CLEANUP	IV	WRRR Board
Jun 2nd - 5th	BOB JOHNSON MEMORIAL WENATCHEE RENDEZVOUS	III	WRRR Board
Jun 25th	SAUK SUMMER OVERNIGHTER	III+	WRRR Board
July 16th - 17th	WHITE SALMON RETREAT	III+	WRRR Board
July 16th - 23rd	HELL'S CANYON to Heller Bar	III-IV	Greg Mohler g8014@hotmail.com
Aug 11th - 14th	CAREY BERGER MEMORIAL SKAGIT POKER RUN	II+	WRRR Board
Sep 17th - 18th	TIETON RALLY	III	WRRR Board

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