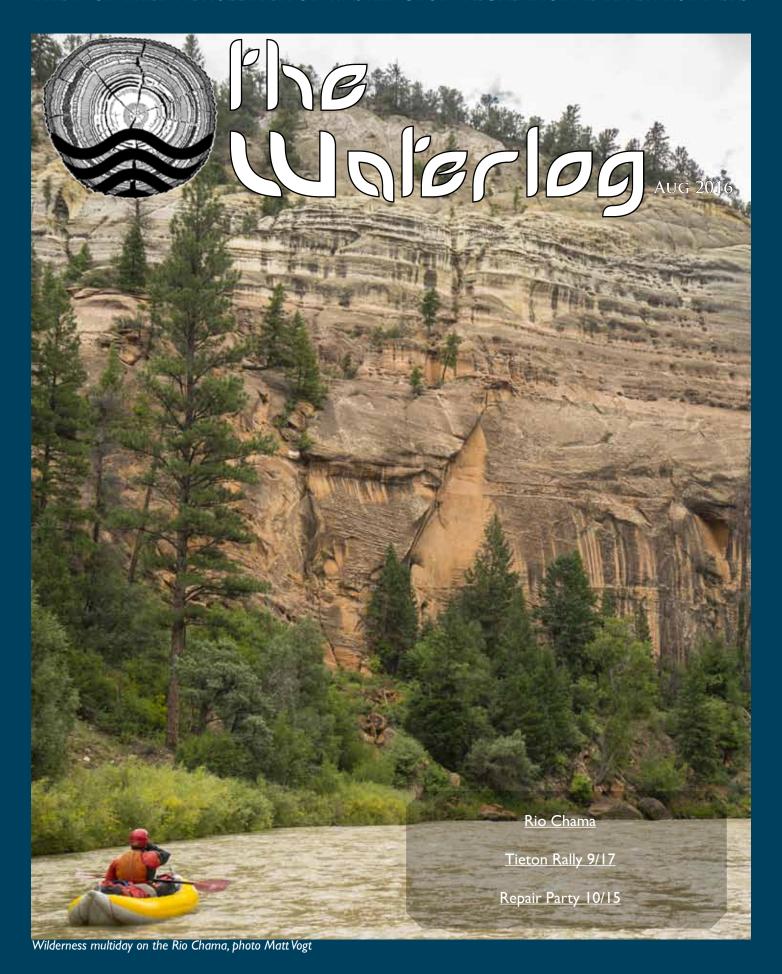
THE MONTHLY NEWSLETTER OF WASHINGTON RECREATIONAL RIVER RUNNERS



the Waterlog

IOIN THE FUN! BECOME A MEMBER OF THE "GREATEST WHITEWATER CLUB IN THE HISTORY OF THE WORLD*". Washington Recreational River Runners is a private, non profit corporation organized to promote river running as a safe and fun sport and to provide for an exchange of ideas among its members and public issues concerning rivers. Membership is open to anyone having an interest in the recreational use of rivers upon payment of annual dues as shown below. To join or renew your membership, cut out this form, fill out and mail to the address listed below. The Release and Indemnity Agreement must be signed before your application is processed. □ New Member □ Renewal □ Returning Member ☐ § 30 HOUSEHOLD - everyone residing et Name(s) 540 SUSTAINING same as family plus Address ee hand at the Poker Run City_ State __ Zip_ S55 BENEFACTOR-same as family plus 10 free ruffle tickets at Wenatcher Rende and 2 free hands at the Poker Run Home Phone 2nd Phone \$100 SPONSOR for those wishing to advertise a fe UP product or service (must be river/outdoor-related) **Email Address** Thereby state that I wish to participate in courses and/or activities offered by Washington Recreational River Runners Association (WRRR) a non-profit corporation. I recognize that any outdoor or aquatic activity may involve certain dangers including, but not limited to, the hazards of traveling by boat on rivers or other bodies of water, accidents, or illnesses in remote places or occurring during portages, forces of nature, and the actions of participants and other persons. I further understand and agree that without some program providing protection of its assets and its leaders, officers, and members, WRRR would not be able to offer its courses and activities. In consideration of and as part of my payment for the right to participate in the activities offered by WRRR, I hereby release WRRR and its leaders, officers, and members from any and all liability, claims and courses of action arising out of or in any way connected with my participation in any activities offered by WRRR. I personally assume all risks in connection with these activities, and further agree to indemnify WRRR and its leaders, officers, and members from all liability, claims, and courses of action which I may have arising from my participation in activities including, but not limited to those involving death, drowning, personal injury, and property damage. The terms of this agreement shall serve as a release and indemnify agreement for my heirs, assigns, persons representatives, and for all members of my family including any minors. [Parent or legal guardian must sign for all persons under eighteen (18) years of age.] This agreement is effective as of the date signed, and has no termination date. I have fully informed myself of the contents of this release and indemnity agreement.

Mail your check and signed Agreement to Mail your check and signed Agreement to: by reading it before I have signed it. **Washington Recreational River Runners PMB 501 Signed: Date 330 SW 43rd ST. Ste K Renton, WA 98057 *Journal of Self-Serving Statistics, June 2009

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CHAIR/Rebecca Post MEMBERSHIP/Joe Koncikowski **T-Shirts**/Rebecca Post **Programs**/Nancy Douty RIVER WATCH/Brennan Filippini Communications/David Elliott The WATERLOG/Brian Vogt

Board meetings are held the 2nd Wednesday of the month at 7:00 PM (except December).

Please visit http://www.wrrr.org/ for meeting locations.

The Waterlog

EARN BIG-TIME RIVER KARMA! Flip less often! Get shuttles from bikini models! Stop losing your hair. Your boat will look better, your beer will be colder, the sun will shine every day you're on the river and it will rain every day you're off the river! All you have to do is....SUBMIT ARTICLES TO THE WATERLOG! (Photos & cartoons too! It's just that easy) The Waterlog is published 11 times a year (Monthly except December) Material for publication should reach the editor by the 25th of the month. An attempt will be made to place submissions received after the 25th. However, no guarantees are given. The editor reserves the right to edit all submissions for clarity and length. Articles and editorial comment do not necessarily reflect the view or opinions of WRRR, its Board of Directors, or its membership...They seem to think it's important that I print that last bit for some reason, go figure. Authors are solely responsible for the content of their articles.

Submit material for publication in The Waterlog to the editor:

> Brian Vogt bvogt@wwik.org

Atlas Fabrication

Raft Frames • Boat Repair General Welding and Fabrication

> Jim Sheflo 425-343-4105

Tieton Rally

Sept 16th - 18th

The last hurrah before the rains begin a new season of boating!!! The Tieton is a class III+ run with continuous gradient, lots of fun rapids, few eddies, and a runnable dam. There will be WRRR Board led trips leaving from the WRRR camp spot on river right Friday through Sunday. Launch times at I I am are designed to slip in between the commercial trips. Meet I hour earlier to join in the shuttle plans. We will takeout on river left after the 2nd bridge at Windy Point. There will also be other club members launching from the dam and upstream river left from camp. Folks run doubles, and launch at all times, so if you miss a trip meet up with some others and have fun.

Camping: Club members and friends camp for free on the Forest Service land in the same spot WRRR has been invading for several years in the dustbowl.WRRR will provide a clean portable toilets but there are no other amenities except what you bring and some trees, rocks, dust and a swift river. Bring a chair, and a musical instrument if you play, for the evening camp circle. Figure on campfires being banned so bring your propane firepits and we will make a circle of those and heaters. There are some USFS fee campgrounds along the river that have running water, are more suited for large RVs or low clearance vehicles, and they are a little less dusty. There is garbage service this year, however it may be full so please plan to pack out your trash. We are really hoping to get a few volunteers to pack out recyclables. If you can please contact Brenan or Nancy Douty.

Main Floats: Launch from the WRRR camp (with shuttle completed BEFORE!) Fri: I lam - Sat: I lam - Sun: I lam

Shuttles: Please make sure you have arranged a ride for yourself, boat and passengers prior to running the river. If you hope for the best you may be stranded at the takeout. Shuttles line up I hour prior to launch from the lower launch area to the road. Official shuttle

meet time for all river days is 10am at the Dustbowl just downstream of the WRRR Camp.

Directions: A half hour East of White Pass turn off highway 12 onto Tieton Road (Careful there are 2 Tieton Roads it is a loop), crossing the river about 1/2 mile upstream of Hause Creek Campground. Turn right on the graded gravel road about 1/4 mile from the bridge (FR 580). In less than 1/2 mile after leaving the pavement turn on the 3rd dirt path to the right and curve straight back to the river. Turn left at the boat launch dustbowl and go 50 yards. Look for the WRRR banner and signs. You are there!!!

Potluck: There will be a Breakfast Potluck Sunday the I3th. Bring whatever you like to eat or leftovers from the day before. Please bring Potluck items from 8:30-9am. We will have the potluck by the group fire at the upper WRRR camp near the portipotties.

Noise: Please be courteous of your neighbors. Noise will be loudest near the group areas, plan accordingly.

Dogs: Please keep dogs on leash in the main camp area and locked up during dinner hours, and make sure your dogs are not getting into other peoples kitchen areas! Keep in mind that some people may be cat people:->

Trash: Pack it in, Pack it out, although we are sharing the dumpster this year with RiverBooty. The forest service area we camp in gets trashed some times of the year. WRRR in conjunction with outfitters, and other boaters has been able to keep this area clean and open. Please do your part and know that it is appreciated! Earn big time River points which will prevent you from flipping your gear boat the following season!

Sauktoberfest

©ct 22md

Hi guys, it's fall again and we hope to go run the Sauk!!! If the flows are low we will find something to do. Afterwords, we will have a BBQ at the takeout or our place (3 miles north of Hwy9/530) depending on what people want to do. There is tons of camping and park-

ing at our place!!!

Rafting, Growlers, BBQ!!! We will meet at the river and BBQ at the takeout weather permitting. Camping is available at or trip leader's house (Call, Text, Email for address) near Arlington 30-40 minutes from the Sauk river. We can move the BBQ there depending on group dynamic.

The Sauk is an excellent intermediate whitewater run. Depending on the flows it can be friendly or "mean and green". Don't hesitate to contact our trip leader if you're not sure your up to it — he knows it well and can help you make the decision, and may even have room for you in his raft. We will eddy out more if new folks are on the run that day. Advanced run: Whitechuck to Clear Creek. Training Run: Clear Creek to the Mill

KEY TIMES: Meet at Darrington IGA at 10 a.m.We will decide then which takeout we're taking and will drop off cars on the way upstream to Whitechuck.

Put-in launch time will be 11:15 a.m.

Please read and follow the American Whitewater Safety Code: http://www.americanwhitewater.org/conte ... fety:start?

Takeout, run, shuttle, light BBQ!!! Bring your own food/drink.



We're continuing the tradition of a Gear Swap and Repair Clinic for the October General Membership meeting. Come join us to find out who the candidates for the next WRRR Board will be and have some fun with boats and gear.

Randy has generously offered his hanger to give our members space to repair and swap their gear. We are inviting you to bring your gear, and whatever supplies you will need....glue, D-rings, patches and valves, and we will attempt to fix it on the spot. We recommend

you bring your repair kits. The club will supply some glue, but if you need a lot, bring your own. We encourage you to bring along any gear you no longer use to sell or trade to other club members. This can be a great opportunity to clear out your storage space and pick up some needed items. Even if it's not in prime shape, it may be perfect for someone starting out.

We will be meeting at the Auburn Airport where Randy Rogers has a hangar that will be available to us for shelter. The address is 2527 "E" St. N.E., hangar # 503. There is a locked gate so if you have a trailer, you can contact Randy on his cell phone and he can open the gate to let you drive in. 206-669-1877

We will start at 11:00 am so we will have plenty of time for the glue to dry. WRRR will be providing pizza and you should provide you own beverages.

Board Members Needed!

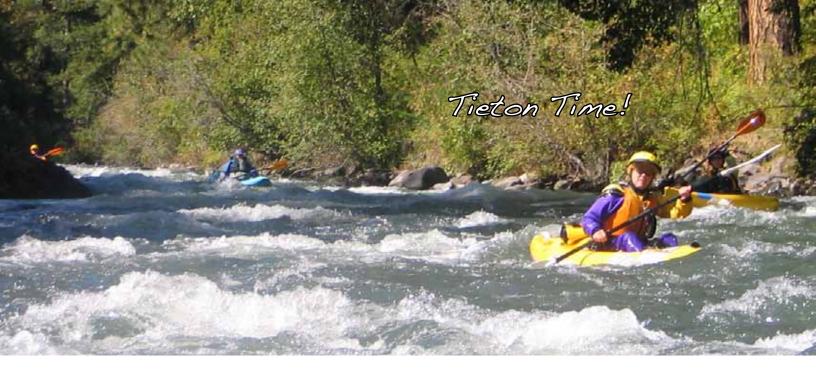
It's been great being your WRRR President this past year. I've enjoyed being on the board again. But this is the time of year when the board looks for new bloodpeople who will become the new leaders for the future of WRRR. Because it's important to get the feel of the job before, we prefer that people start as Directors at Large for at least a year before becoming officers.

With that in mind, we are looking for candidates for Directors for next year. If you have accounting skills or computer skills or any kind of management skills, those are a plus, because your goal should be to move up to being VP of Finance, Business, or River Ops. If your main skill is being a glutton for punishment, you could be an ideal future WRRR President!

Board meetings are held monthly, but we've made that part pretty easy. In January, April, July, and October, we meet in person. For other months, we have a phone conversation that usually lasts for about an hour.

Candidates must be WRRR members in good standing since March 1, 2015 to be eligible for 2016.





Some people call it a drainage ditch. I call it fun.

Every September, boaters flock to the Tieton River because of the dam release. The reason for the release is that the fish going up the Yakima to Cle Elum and Easton to spawn would lay their eggs in areas that will be dry in the winter. By reducing the flows from the upper dams, the fish lay their eggs where they will be safe. But the farmers still need water in the lower Yakima valley - that water comes from the Tieton.

My first run on the Tieton was in 2003. Paul Sestak invited me to paddle in his raft with Barry Brazzel and Jim McCool. I remember a fast run and a failed attempt at surfing under the bridge. I didn't get a chance to run the Tieton again that year, but after that, I rarely missed a Tieton weekend.

In 2004, I had a run that ended in me losing and getting two of my IKs back. I was leading a group down the lower Tieton and I didn't yet know about the Tim's Ponds takeout, so I used a small roadside takeout. I had warned everyone in the group to stay back to give me time to get people out of the river... I didn't have a chance. The first boat came close to shore and kept going. The boater jumped out and swam to shore, but the boat went downstream. Moments later, the second boater did the same thing. Due to a series of miscommunications, the boats ended up going into the Naches river, where one went over the diversion dam and was rescued, and the other was stuck on the dam, where it was later rescued.

In 2005, Bill Yager and I were not working, and we were running the Tieton 3 or 4 days each week. After a couple of weeks, we came to the realization that we were on a pace to make 20 runs. Stupidly, we decided to make it our goal. It seemed like a good idea. After all, we had already made it more than halfway, and we had plenty of time. But making a goal made it hard to be lazy. Running the same run over and over was tough, and we ran a lot of unusual routes

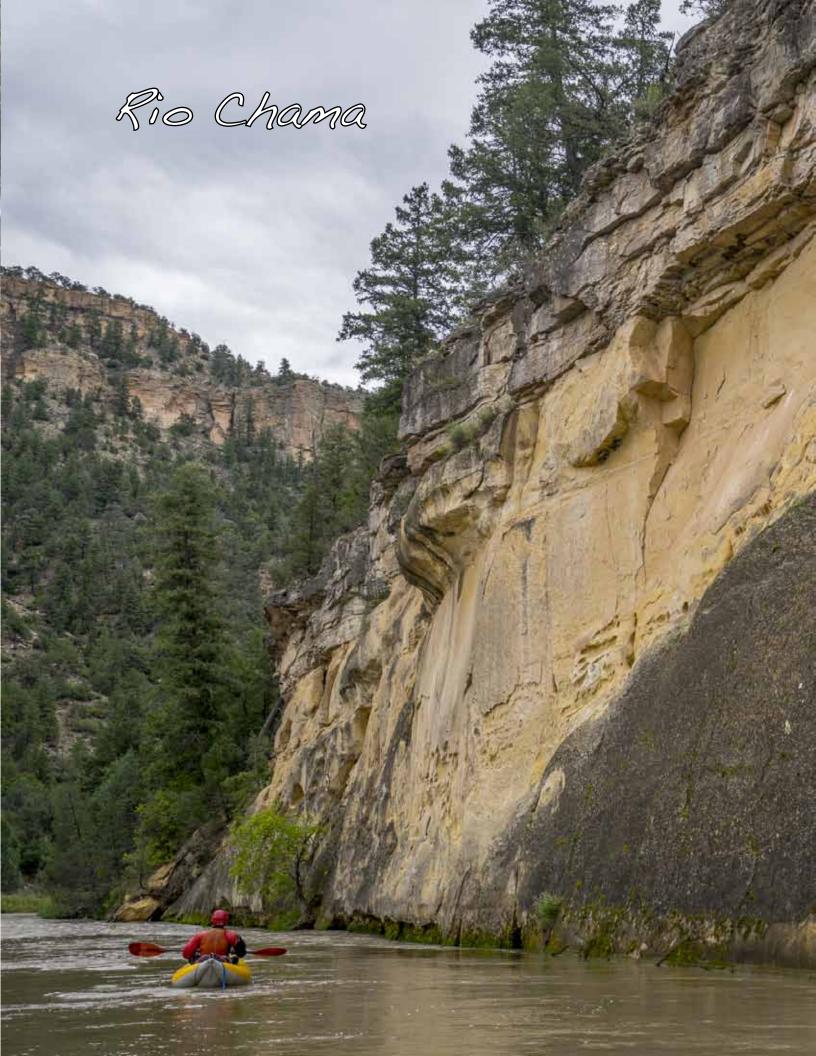
to make it more fun. In 12 days, we did 20 runs - we never did more than 2 runs in a day, but it still means we ran 2 trips on each of 8 days. It was amazing that in all of that boating I only flipped 3 times. One of these flips was a real adventure. I flipped at Waffle Wall and lost control of my boat. Bill was able to corral the boat, but it was a ways downstream before he got it to shore. In the meantime, I bushwacked my way up to the service road on river right, walk until I found Bill, and then bushwacked my way down to the river.

My favorite run on the Tieton is the "full run", which starts within view of the dam and goes to Tim's Ponds, which is near where Hwy I2 and Hwy 410 meet. Most of the run below Windy Point is easier than the top section, but there is a great rapid near the end that is a blast! In 2006, I did two extended versions of the full run - I paddled all the way into the Naches and then down to the town of Naches. I had to portage the diversion dam on the Naches that you can see from Hwy I2, but that's not the only one on the run. There are 2 or 3 more weirs on this section. To make things more challenging, my drysuit developed a leak that weekend. On my second run, the steep takeout was made more difficult because I had about a gallon of water in each drysuit leg.

2007 saw me chasing a kayak down the river after two boats with me flipped at Waffle Wall. I chased that boat for a half a mile and then spent a mile trying to get it to shore. The Tieton is non-stop, and a kayak full of water is hard to tow. Luckily, the kayaker was able to ride in the other IK.

Since then, I have continued to get in 5-10 runs every September. I get to see lots of friends and have fun. One piece of advice: If you are new to the Tieton, make sure to find people who know the run well. Be safe and enjoy!

-- David Elliott





Snaking its way through the high desert of Northern New Mexico the Rio Chama offers boaters a unique multiday way to experience painter Georgia O'Keefe's inspired vision of the Land of Enchantment.

The trip is rife with logistical hurdles. Releases from El Vado dam follow no dependable schedule and permits are required at launch. If the stars align and you are granted access you won't be disappointed.

The 33 mile section from El Vado to Big Eddy offers an escape from the desert heat of high Summer as you float past majestic ponderosa interspersed with cottonwoods, box elders and gambel oak. In addition the lush landscape is punctuated by sheer sandstone and shale outcroppings pink, red, and yellow adding to the unique flair of the run.

If you get a chance to float it you won't be disappointed.

Come on Baby, Let's Do the Twisp

From the time I first drove through Winthrop and Twisp, I wondered about running the Twisp River. I first ran the Methow in 2010 and the Middle Chewuch in 2012, but still didn't get a chance at the Twisp. Then, on the Memorial Day weekend in 2016, a large group of people from Paddle Trails put together a trip on the Twisp.

We arrived in Twisp and met at a local bakery. The group grew and grew as the meet time approached, and we headed up to the lower takeout. The trip leaders discussed the logistics and we checked out the takeout. The takeout wasn't ideal - a bridge over the river with 4 steep access points - but we figured out a plan. There were 3 groups, comprised of kayaks, IKs, and canoes. By splitting up, the groups would be more manageable.

We began by scouting two weirs. The lower weir was straightforward - just go over the middle and continue down the river. The upper weir was a little trickier. The boaters would come down the channel and then turn right to go over the weir. The weir itself is a concrete slab with reinforced "arms" coming out. The boater would need to miss these arms to avoid getting flipped. Following that, the channel was shallow and rocky.

We continued to the put-in and got ourselves ready. I was in the second group to leave. The weather was hot and sunny, and the water was clear and cool. The first part of the run was easy - moving current with occasional rocks. I often had to paddle to get to the little waves and holes that dotted this section.

After about a mile into the run, there was a short portage over a river-wide tree. Not long after that, the

river picked up. The rapids became steeper and rockier. For the next few miles, we ran nearly continuous rapids. Nothing was difficult, but you still had to pay attention and be ready for anything. We floated by several beautiful houses just before the river started to braid. We were at the weir area. We took the left channel and pulled out just before the upper weir and had lunch. Most of the group portaged, but some of us went ahead and ran it. It was very easy, but there was no way to know that beforehand.

The big weir looked a little scary, but in reality it was easy. I watched as people dropped over, expecting them to disappear, but the drop wasn't big enough for that, and they only dropped a foot or so. It could have been any small rapid. Below the weir, the rapids picked up again and turned to long boulder gardens in the woods. Ah, the Twisp.

As we continued down the river, the gradient slackened and the rapids calmed down considerably. At one point, someone pointed river right where we could see a huge bald eagle flying through the trees. What an amazing site.

When we got to the takeout area, we staged people. I led to an eddy on river left and waved down Lee to go to the takeout eddy on river right. I then began waving the rest of the group down so they could get help getting out of the water and up the hill. What a great day on a new river. I'll be sure to be back soon.

-- David Elliott

Safety Break: Swim Ladder

These are based off the Rescue Rungs David Yeamans designed and sells on GCPBA's website. After seeing that they were basically just PVC pipe with skate board tape I couldn't justify the expense (\$140 for one two rung ladder, \$195 for the three rung model).

I used overhand knots and 3/8th in. cone washers for the rung stoppers. I was originally going to use figure 8 knots, but it was hard to get them placed correctly and used up too much shock cord.

The rope is 5/16th in shock cord. This gives the ladder a working strength of about 500 pounds after the knots were added. 3/8th shock cord was too stiff, and I/4th would have been too weak to support me if one side of the ladder broke. As is I get about 2' of stretch. Two ladders took 10' of shock cord. Lighter boaters could get away with the I/4 in cord to get more stretch. It would have a working load of about 300 lbs or 150 if one side of the ladder fails. I think the original made by David has I/4 in.

The spreader bar at the top is some top rail fencing I had laying around. Anyone building one should make sure to line up the holes a little better than I did as the shock cord rubs the edge of the holes. I will probably cut the spreader bar down so it fits better and might take another trip to the hardware store to see if I can



find some edge protection.

I made the holes in the spreader bar over sized and deburred them so that should help wear a little bit. The speader bar should be robust enough to bear someone's weight because sooner or later it will be mistaken for a top step.

I used open ended PVC couplers for

the end caps to promote drainage. They are optional. I wanted something to make a ridge to stop a foot from sliding off the side if the rung and tangling in the shock cord if it lost traction. Yeamens uses closed end caps probably to protect the cord. Pick your poison!

-- Kyle Wiggins

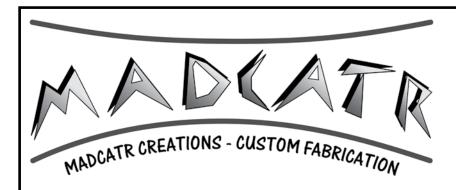


WRRR members can receive a 15% discount on any OS Systems surface water product, including drysuits, drysuit options and upgrades including custom sizing charges, undergarments, and accessories. This will not apply to drysuits made for other uses, to repair parts or to repair services. Visit http://ossystems.com/ for info

on their drysuits and accessories. If you are in the Portland area and are a WRRR member, Andy & Bax will honor this discount as well. You will need a WRRR membership number to order. Contact the Membership Chair to get your membership number.

DAY/DATE	RIVER/DESCRIPTION	CLASS	Contact
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	Missillington	uu_{IIIII}	Prc
Sep 17th - 18th	TIETON RALLY	III	WRRR Board
Sep 22nd - 26th	ROGUE RIVER	- V	Brenan Fillppini
Oct 15th	GEAR SWAP & REPAIR PARTY Randy's Hanger #503	IV+	WRRR Board
Oct 22nd	SAUKTOBERFEST	III	WRRR Board

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